

Sacrament	Minister	Scripture	Who can receive?	Frequency	Effect	Form	Matter
Baptism	<ul style="list-style-type: none"> • Ordinary: clergy (deacon, priest, or bishop) • Extraordinary: anyone (in case of emergency) 	Mt 28:19-20; Jn 3:5, Acts 22:16; Rom 6:3-4;	<ul style="list-style-type: none"> • Unbaptized OR • Converts to the Christian Faith OR • Newborn infants. 	Only once.	<ul style="list-style-type: none"> • Removes Original and Actual sin. • Causes New Birth/"Born Again". • Incorporates into Christ. • Is the doorway into the Church. • An indelible spiritual mark imprinted on the soul 	<p>"I baptize you in the Name of the Father, and of the Son, and of the Holy Spirit"</p> <p>Matthew 28:18-19</p>	<ul style="list-style-type: none"> • Water, either by immersion or sprinkling.
Confirmation	<ul style="list-style-type: none"> • Ordinary: A bishop • Extraordinary: a priest with permission 	Acts 8:14-17, 9:17-19	<ul style="list-style-type: none"> • Baptized, but unconfirmed, needing completion of Baptismal grace OR • Baptized Christians from other traditions who are entering the Catholic Faith. 	Only once.	<ul style="list-style-type: none"> • Sign of consecration. • An indelible spiritual mark imprinted on the soul • Completes Baptismal grace. • Full outpouring of the Holy Spirit 	<p>"Be sealed with the Gift of the Holy Spirit."</p>	<ul style="list-style-type: none"> • Holy Chrism (oil) • Laying on of hands by the bishop or priest.
Eucharist	A priest (or bishop).	1 Cor 11:23-25, John 6:48, 51, 53-56, Luke 22:19-20, Luke 24:13-35	<ul style="list-style-type: none"> • Members of the Catholic faith who are free from mortal sin since last Confession or Baptism. • Catholics in a "state of grace". 	<ul style="list-style-type: none"> • Minimum of once a year (during Easter season). • Maximum of once per day (with some exceptions). 	<ul style="list-style-type: none"> • Intimate union with Christ • Receiving Christ • Nourishment of spiritual life • Medicine of grace • Separates us from sin • Removes venial (minor) sins • Gives spiritual strength • unites us to the Body of Christ and the Church 	<p>"Take this, all of you, and eat of it: for this is my body which will be given up for you.</p> <p>"Take this, all of you, and drink from it: for this is the chalice of my blood, the blood of the new and eternal covenant, which will be poured out for you and for many for the forgiveness of sins.</p> <p>"Do this in memory of me."</p>	<ul style="list-style-type: none"> • Bread made from wheat and water. • Wine made from grapes.

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Anointing of the Sick, Extreme Unction, or Last Rites	<ul style="list-style-type: none"> The priest (or bishop) 	Mk 6:13; James 5:14-15	<ul style="list-style-type: none"> Those who are seriously ill, at the point of death, or before a serious operation Those who are elderly whose frailty has become worse 	Repeatable <ul style="list-style-type: none"> At the point of grave illness Before a serious operation 	<ul style="list-style-type: none"> Sins forgiven Grace to face death and judgement Spiritual preparation to die If God's will, physical healing 	Prayer of the priest over the sick person for the grace of the Holy Spirit and the forgiveness of sins	<ul style="list-style-type: none"> Anointing with Holy Oil Imposition of hands
Confession, Penance, or Reconciliation	The priest (or bishop)	Jn 20:23; 1 Jn 1:9; Mt 16:18-19	Anyone... <ul style="list-style-type: none"> in Mortal Sin who desires the Grace of Confession is in need of spiritual healing or guidance. 	<ul style="list-style-type: none"> Minimum of once a year. Maximum as often as necessary. 	<ul style="list-style-type: none"> Forgiveness of serious sin. Reunification with the Church. Cleansing of conscience. Restoration of Grace. 	"God, the Father of mercies, through the death and resurrection of his Son has reconciled the world to himself and sent the Holy Spirit among us for the forgiveness of sins; through the ministry of the Church may God give you pardon and peace, and I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit.	<ul style="list-style-type: none"> Sins Contrition Confession Words of absolution
Holy Orders	The diocesan bishop <ul style="list-style-type: none"> May ordain priests and deacons as he sees fit to serve in his diocese. May ordain bishops with permission from the pope. 	Acts 6:5-6, 14:23, 15:6, 15:23; Jn 20:21-23; 2 Tim 1:6; Titus 1:5	<ul style="list-style-type: none"> A Baptized man who has been called for ordination by God To become a priest or a bishop, a man must be celibate. Deacons may be married at the time of their ordination. A man must not have any impediments** to ordination. 	<ul style="list-style-type: none"> Once per stage of Holy Orders <ul style="list-style-type: none"> A man is ordained a deacon, then ordained a priest, then ordained a bishop. 	<ul style="list-style-type: none"> A special relationship to Christ to lead and serve the Church An indelible spiritual mark imprinted on the soul 	The bishop's "specific consecratory prayer asking God for the outpouring of the Holy Spirit and his gifts proper to the ministry to which the candidate is being ordained' CCC 1573	Laying on of the bishop's hands with the consecratory prayer

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Holy Matrimony	The spouses with clergy as a witness for the Church.	Gen 1:27-28; 2:18-25; Mt 19:3-12 Eph 5:25-32	Each spouse must be baptized without any impediment* to enter the sacrament of Holy Matrimony.	<ul style="list-style-type: none"> • Once and to one spouse as long as that spouse is living. • If one spouse dies, the other spouse may validly remarry. 	<ul style="list-style-type: none"> • The two become “one flesh” • Perpetual and exclusive covenant partnership • Free, total, faithful, and fruitful nuptial love 	The “I do”, by which both spouses indicate their mutual consent to the marriage covenant.	<ul style="list-style-type: none"> • Mutual consent and covenant to live together as husband and wife • Consumation of the sacrament